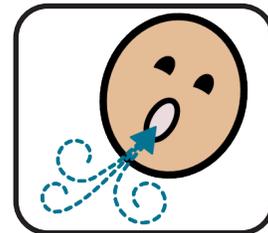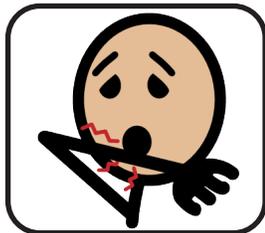# The Coronavirus

COVID-19

You might have heard this word at school or on the TV. The Coronavirus is a new virus. The disease caused by it is called COVID-19.

The virus has made a lot of people around the world very sick. Most symptoms are similiar to the flu.

People affected have a dry cough, fever, and sometimes a hard time breathing. The majority of the people only experience mild symptoms. Mild means that it is not very strong. Some kids get sick too, but don't have a very strong reaction to the disease. Older people are more likely to show stronger symptoms.

What you need to know is if you get sick and your mom and dad feel like you have the coronavirus, they can call the doctor to get help. The doctors will help you feel better.

There are not very many cases of the Coronavirus in the United States. Schools are closed and big events canceled to help stop the spread of the virus.

It is important for you to talk to your parents if you are scared. It is okay to ask questions.
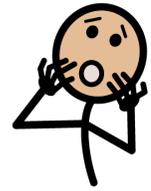
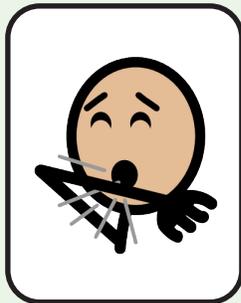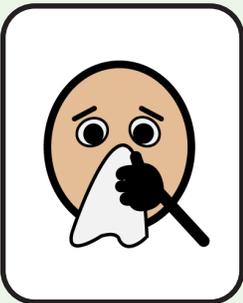There are a few things you can do to protect yourself and your family.

Take steps to protect yourself:

Clean your hands often!
Wash your hands with soap and water for at least 20 seconds.
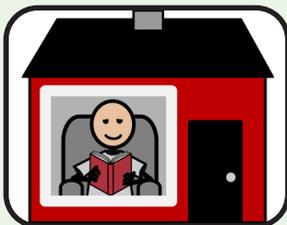
Take steps to protect others:

Cover coughs and sneezes.

Cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow. Throw used tissues in the trash and wash your hands.

Avoid touching your face!
Don't touch your eyes, nose and mouth with unwashed hands.

Stay home if you are sick.
You need to stay home if you are sick, except to get help from a doctor.